

EXAMPLE: THIS MAY BE USED AS A REFERENCE AS YOU CREATE YOUR FAMILY'S HOUSE RULES, CONSEQUENCES AND REWARDS

HOME RULES

1. All family members will be respectful to others
2. Speak politely. No cursing or name calling
3. Knock and get permission before entering other family member's rooms or the bathrooms
4. Obey the law. No alcohol, drugs or cigarettes
5. Wear appropriate clothing around the house, clothing must not show undergarments
6. The TV will not be turned on in the mornings until hygiene, breakfast and chores are done
7. An adult must be outside to supervise outside play
8. Please walk inside the house
9. Please keep all food and drinks in the kitchen
10. Balls and throwing toys are for outside play
11. Close doors softly
12. Use good table manners
13. Wait until all other members of family have been served before going for seconds
14. Speak nicely about the food that is provided
15. Wear appropriate clothing and shoes to the table
16. Speak within an inside voice and allow everyone to share at the table
17. Shower at your scheduled time
18. Limit the time you stay in the bathroom to 15 minutes
19. Take clothing and necessary belongings into bathroom
20. Adhere to bedtime schedule, if you go to bed late you will go to bed early the next night.
21. No roaming around the house at night, take care of your business before bedtime, or wait until next morning
22. During school year, lights out means no lamps, radios, etc.
23. Obey all school rules, if you get in trouble in school, there will be consequences at home
24. There will be a one hour break after you arrive home for snacks, rest and to discuss how your day went, after which we will begin working on homework

CONSEQUENCES

If rules are broken, the consequences may include:

1. Five minute warning
2. Time out/removal from area
3. Loss of points
4. Loss of privileges

REWARDS

1. A special gift or unexpected surprise
2. A special purchase on a shopping trip
3. Extra time for fun
4. Extra free time
5. Pick out a movie at the store
6. Choose where the family will go out to eat
7. A special outing
8. Praise